

# Georgia's plan to address senior hunger



## Five focus areas:

- 1 Today's seniors
- 2 Health impact of senior hunger
- 3 Food access
- 4 Food waste and reclamation
- 5 Meeting community needs

## Recommendations:

- Develop regional coalitions
- Establish interagency policy review council
- Coordinate data collection and analysis across agencies
- Develop and offer education and training
- Implement NFESH\* What a Waste Program
- Provide entrepreneurial mini grants

\*National Foundation to End Senior Hunger - [nfseh.org](http://nfseh.org)



# Senior HUNGER



## Learn more

about Georgia's efforts to address senior hunger at [aging.georgia.gov](http://aging.georgia.gov) or email us at [senior.hunger@dhs.ga.gov](mailto:senior.hunger@dhs.ga.gov)



**Georgia Department of Human Services**  
Division of Aging Services

# Addressing senior hunger in Georgia



**Georgia Department of Human Services**  
Division of Aging Services



# How can you address senior hunger in your community?



## EDUCATE YOURSELF

Identify the seniors in need in your community using Georgia's general statistics and Area Agencies on Aging (AAA) regions map:

**2,000,000**

seniors, 60 years of age and over, live in Georgia

**42,953**

grandparents are raising grandchildren and are 60 years of age and over

**11%**

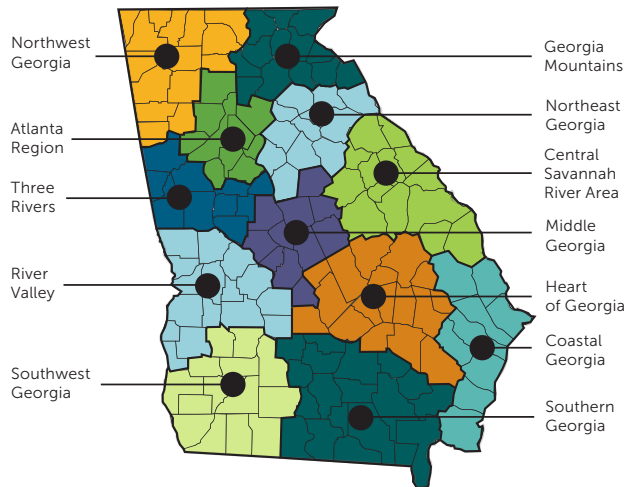
of seniors live in poverty

**8.3%**

of seniors are food insecure\*

\*A person or household is considered food insecure when facing the threat of hunger and lacking safe and adequate food to sustain health and quality of life. It is uncertainty of access or the capability to obtain suitable foods in socially acceptable ways. [Anderson SA, J Nutr.1990; 120: 1557S-1600S]

### AAA regions



## TAKE ACTION



Participate in your region's Senior Hunger Coalition



Share best practices in addressing senior hunger in your region



Identify your region's needs and let us know how we can help



Engage with seniors who are at risk of hunger and check for available resources



## GET HELP

The Division of Aging Services and the Division of Family & Children Services are here to help evaluate seniors' needs and provide access to services that can help save money and improve food access:



Georgia's Aging & Disability Resource Connection can provide information and referrals on local senior centers, food banks and other benefits.

[georgiaadrc.com](http://georgiaadrc.com) | **866-552-4464, option 2**



## GeorgiaCares

Local help for people with Medicare

GeorgiaCares provides free and factual information and assistance to Medicare beneficiaries and their caregivers with health and drug plans and payment assistance programs.

[mygeorgiacares.org](http://mygeorgiacares.org) | **866-552-4464, option 4**



The Georgia Gateway portal is an access point to apply for food stamps (SNAP), Medicaid, utility assistance and more.

[gateway.ga.gov/access](http://gateway.ga.gov/access) | **877-423-4746**